

Agreement of Release and Waiver of Liability Form

By filling out and signing this form, I hereby agree to the following:

1. That I am participating in a Yoga Class / Workshop, offered by Stillpoint Health Centre in Edmonton Alberta during which I will receive information and instruction about Yoga and Health. I recognize that yoga may require some physical exertion, which may be strenuous and may cause physical injury. I am fully aware of the risks and/or hazards involved.
2. I understand that it is my responsibility to consult with a physician prior to and regarding my participation in the Yoga Class or Workshop. I represent and warrant that I am physically fit and I have no medical condition which would prevent my full participation in the Yoga Class / Workshop.
3. In consideration of being permitted to participate in the Yoga Class or Workshop, I agree to assume full responsibility for any risks, injuries or damages, known or unknown, which I might incur as a result of participating in the program.
4. In further consideration of being permitted to participate in the Yoga Class / Workshop, I knowingly, voluntarily and expressly waive any claim that I may have against Stillpoint Health Centre of Edmonton, Alberta, its instructors and staff, and its owners, for any injury or damages that I may sustain as a result of participating in the program or class.
5. I, my heirs or legal representatives, forever release, waive, discharge and covenant negligence or other acts.

I have read the above release and waiver of liability and fully understand its contents. I voluntarily agree to the terms and conditions stated above.

(Please print)

Full Name _____

Date of Birth _____ Male Female Phone Number _____

Street Address _____

City _____ Province _____ Postal Code _____

Email _____

I would like Stillpoint Health Centre to contact me about exclusive offers and services.

Yoga experience: First time Less than 10 time Less than 1 yr More than 1 yr

How did you hear about us? Friends Search Engine / Website Brochure / Flyer

Web Deal (Groupon, Dealfind etc) Other _____

Signature _____ Date _____

If you have any suggestions, concerns or other feedback, please do not hesitate to tell us!